



SINOJ REJI

Social Worker

CONTACT



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Mammourah, Nakeel City



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CORE COMPETENCIES

- Elderly Patients Care.
- Counseling.
- Case Management.
- Communication.
- Mental Health Support.
- Patient Care.
- Strategic Planning.
- Team Leadership.
- Empathy & Confidentiality.

PERSONAL DETAILS

HOBBIES

- ❖ Reading
- ❖ Yoga
- ❖ Pencil drawing

LINGUISTIC ABILITY

- ❖ English
- ❖ Malayalam

NATIONALITY: Indian

CAREER OBJECTIVE

A qualified psychiatric social worker with over 7 years of experience in providing high quality care and support to people who are socially excluded or who are experiencing problems in their lives. Aiming to transition from psychiatric social work to a school counselor role, I seek to utilize my expertise in adolescent mental health to foster a supportive educational environment. By integrating therapeutic skills within schools, I aim to directly address students' emotional and academic challenges, promoting overall well-being and success.

PROFESSIONAL EXPERIENCE

- 2021-2023** **Psychiatric Social Worker**
AVM HOSPITAL
Ample vision towards medical and mind care.
- 2020-2021** **Psychiatric Social Worker**
GILGAL ASHWASA BHAVAN CHARITABLE TRUST
A home for destitute, old aged, mental and physically challenged.
- 2016-2019** **Psychiatric Social Worker**
MARIYASADANAM CHARITABLE TRUST
Providing help, Help and healing.

ROLES & RESPONSIBILITIES

Provide support to mental health patients and help them access appropriate resources like personal hygiene, medication etc.

Provide counseling to several patients through various activities according to their area of interest which will enhance their power of concentration and stabilize their mood.

To develop personalized care plans, conducting interviews, maintaining patient records and monitoring patient progress.

Conducted numerous indoor/outdoor activities and therapies which enhance their mental stability.

Assist with residential and intensive outpatient services.

Provide crisis stabilization and psychosocial assessment for adolescents, adults and elders.

EDUCATION

- 2014-2016** **Master of Social Work | Medical and Psychiatry**
CMS College of Science and Commerce, Coimbatore, Tamil Nadu [Bharathiar University].
- 2011-2014** **Bachelor of Arts | English Language and Literature**
ST. Thomas College, Kozhanchery [Mahatma Gandhi University].
- 2009-2011** **Higher Secondary Examination | Commerce.**
- 2008-2009** **Secondary School Leaving Certificate Examination.**

COMPUTER SKILLS

- Microsoft (MS) Office
- MS Word
- MS Power Point
- MS Excel
- Internet surfing

CERTIFICATIONS

- Observation Home, Coimbatore: Placed as filed work trainee.
- Gandhibhavan, Pathanapuram: Done internship training.
- Sitalaxmi Hospital, Coimbatore: Placed as filed work trainee.
- Kongunadu Mananala Arakkattalai, Coimbatore: Placed as filed work trainee.
- National Service Scheme.

DECLARATION

I solemnly declare that all the above information is correct to the best of my knowledge and belief.

Place: Ras Al Khaima

Sinoj Reji

Date: